

BELDING TESTIMONY

Home Proof, Here and Everywhere.

When you see Doan's Kidney Pills recommended in this paper you must always find the recommender a Belding resident. It's the same everywhere—in 3,500 towns in the U. S. Fifty thousand people publicly thank Doan's. What other kidney remedy can give this proof of merit, honesty and truth? Home testimony must be true or it could not be published here. Read this Belding recommendation. Then insist on having Doan's. You will know what you are getting: Claude Cowles, prop., Belding Vulcanizing Co., W. Main street, says: "Several years ago I suffered from a weak, lame and aching back. The kidney secretions were also too frequent in passage. I had heard a lot about Doan's Kidney Pills and got some at Connell's Drug Store. The first box helped me and I continued their use until cured."

Price 60 cents at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills, the same that Mr. Cowles had. Foster-Milburn Co., Mfgs., Buffalo, N. Y.—Adv.

Belding Market Quotations

Butter Fat60
Butter50
Eggs50
MEATS	
Hogs, alive	16 1-2
Hogs, dressed	22
Beef, alive	8-10
Calves, alive	12
Sheep, alive	14
Lams, alive	15
GRAIN—PRICES PAID FARMERS	
Wheat, No. 1, red	2.12
Wheat, No. 2, white	2.10
Rye	1.52
Oats	.62
Barley, per cwt.	2.00
Beans, per cwt.	3.00
HAY AND STRAW	
Timothy Hay, baled per cwt.	1.70
Straw, Rye, baled per cwt.	1.80
FEEDS—RETAIL	
Brass, per cwt.	2.20
Middlings, per cwt.	2.30
Cornmeal, per cwt.	3.50
Cracked Corn, per cwt.	3.50
Corn and Oat Chop, per cwt.	3.10

UNCLE SAM

needs your help. Daily we are receiving requests from Washington, as well as locally, for stenographers, typists, calculating machine operators, bookkeepers, etc. This is a wonderful opportunity for ladies to do their bit. Salaries from \$1.00 to \$1.20 per year. Send for our free course Bulletin. We have a number of opportunities for young ladies to work for their board and room while attending the D. B. U. Ask us about it.

DETROIT BUSINESS UNIVERSITY.
61-69 W. Grand River Ave.
Detroit, Mich.
Established 1850. Accredited

CULL BEANS ARE FOUND TO BE A GOOD HOG FEED

MIXED WITH CORNMEAL THEY MAKE ONE OF THE BEST FATTENING FEEDS YET FOUND.

East Lansing, Mich., Nov. 11.—The large quantities of cull beans left on the hands of farmers as a result of unfavorable weather at the time when the bean crop was harvested, can with certain precautions be used as a feed for livestock, a bulletin from the experiment station of the M. A. C. declares.

"In fattening hogs," the report sets forth, "the following results were obtained: Fourteen hogs averaging 159 pounds at the start and fed equal parts by weight of cull beans and cornmeal, gained 1.52 pounds per head daily and consumed 2.03 pounds of cull beans and 2.93 pounds of corn per pound gain.

"Beans alone, while very cheap, produced soft, flabby pork of poor quality, and cannot be recommended as a satisfactory ration for fattening hogs. When combined with an equal weight of corn much better gains were made and a better quality of pork produced."

A brief copy of the results of the feeding experiments can be obtained by mailing a request to the Director of the Experiment Station, M. A. C., East Lansing.

LONG LAKE

Albert Rich's threshing machine engine broke down while threshing beans for Carl Miller Tuesday.

Wm. Leary has rented the Ed. Treynor farm.

L. J. Whitford is canvassing in this district for the Red Cross.

Earle Brown started to school at Belding Monday, after an attack of the flu.

Chittie school closed Monday on account of the peace celebration.

Prentiss' machine is threshing in this vicinity.

Earle Brown writes from Klamath Falls, Oregon, that the ground is covered with snow there.

Mrs. Frank Heth was up from Grand Rapids for the day Tuesday.

We are glad to report that Mrs. Albert Brown, who has been very ill is on the gain.

Marie Dodson visited school in Orleans a week ago Friday.

Floyd Mikesell spent Monday in Grand Rapids.

Uncle Ben Hall and son, Ray, came from Freepport last Tuesday to vote.

Mrs. Ben Hall and granddaughter, Arabelle spent Tuesday in Orleans with Miss Jane Baird.

Glen Morse had a 24-hour furlough last Monday and spent the time with his parents, Mr. and Mrs. Ed. A. Morse, returning to Camp Custer on Tuesday morning.

Mr. and Mrs. Miles Merriett spent last Thursday in Ionia and Saturday in Belding.

Mr. and Mrs. Charles Mattison were visitors at Mr. and Mrs. J. E. Dodson's Saturday and on Monday, Rev. Birdsall, wife and children visited here from Orleans.

Football Best Training For Soldiers, Says Athletic Director At Camp Dix

Qualities Which Make a Gridiron Star Those Needed to Make a Plucky, Resourceful Fighting Man, Declares Sol Metzger, Famous as End on U. of P. Eleven and Then as Coach.

(Interview with Sol Metzger, Y. M. C. A. Athletic Director at Camp Dix, N. J., and coach of Camp Dix eleven. Mr. Metzger was one of the greatest ends the gridiron has produced. He played so brilliantly for the University of Pennsylvania that he was Walter Camp's All-American choice in 1902 and 1903. After he was graduated he was a coach at U. of P. for two years and later he coached the West Virginia and Washington and Jefferson teams.)



SOL METZGER

"WHEN one who hasn't been to the front lines is asked why football fits a man for the job he has to do 'Over There,' he has to get down to facts to prove the point. There are two outstanding facts to prove the cause of football in this war.

"First, the wholesale voluntary enlistment of varsity players the country over.

"Second, the splendid record of these same men as officers and fighting men. Of course, there is the third fact, that the Government approves of football, but this is due more to the record of football men at the front than to a theory that football is O. K.

Must Be Better Man

"Now when we get down to the reason why football is a fine sport for army men we have to look into the game and the similarity between the sport and war itself. There are a few broad principles governing the two. In each the secret of success lies in the concentration of the most men at a given point at a proper time. And in each the individual who overcomes his antagonist must have reason for doing so. He has to be a better man at the game.

"In football the team is successful because the individual who arrives at the given point at the given

time disposes of his opponent by a mastery of the rudiments of the game. He is a fine man in the interference, if he is on attack, or he is a fine man at breaking interference and tackling, if he is on defense. In war the individual who arrives at a given point at a given time disposes of his opponent by a mastery of the bayonet or of marksmanship.

"All these points are not entirely matters of physical training. Courage-morale which is nothing more than the spirit which permits one to carry on because of the necessity of or love for the job in hand are just as necessary.

American Spirit Fine

"One thing that distinguishes our army from that of the Boche is the spirit of the Yanks in this fighting. This spirit is nothing if not patriotism. It is a belief that the cause is just and that one should willingly give his all to it. Now our Amer-

ican game of football teaches us nothing if it does not build up our spirit. College spirit, bred of football, is close kin to patriotism. And this spirit of the American forces is nothing more than college spirit of a high and nobler order.

"Football teaches courage, control, stick-to-itiveness and to no small degree the ability to use one's brain in every emergency. A football player is not a good soldier, but a football player has that within him from which may be moulded the finest of soldiers. He understands and appreciates what loyalty, teamwork, courage, skill, spirit and timely execution mean.

"He knows discipline and training as he believes in his ability to withstand reverses and to keep everlastingly at it whatever his own condition may be or however overwhelming the odds are against him.

Ideal Raw Material

"In short he is ideal raw material for the game of war, for with all these qualities he possesses strength and endurance. That he is successful in war is a well known fact.

"All of these points combined make me firm in the belief that football is the best physical training for the soldier. It beats boxing because in boxing one faces but one opponent. In football and in war the odds are often greater.

"I have organized a team for gridiron play under the auspices of the Y. M. C. A. I believe I will have one of the finest eleven in the business. The 'Y,' like the R. of C., the Jewish Welfare Board, and other similar war work organizations, is ever ready to help the boys enjoy the various sports. This is only one of the many good things these organizations, as well as the Y. W. C. A., the Salvation Army, the War Camp Community Service, and the American Library Association, now pulling together in the United War Work Campaign for \$170,500,000 to enable them to extend their activities, are doing for us."

Chauncey Snow visited his father and mother and Mr. and Mrs. Will Krick from Friday till Sunday.

Mrs. Geo. Phillips and Mrs. Ed. Condon Thursday afternoon. George helped Ed. build a silo.

Mr. and Mrs. Herb Regan and Eva visited Mrs. John Regan Sunday evening before she moved to Detroit.

Hite Eckert was a caller at W. E. Leach's Sunday evening.

Mr. and Mrs. H. Olds of Smyrna and Mr. and Mrs. Henry Burns and children visited Mr. and Mrs. Emory Chickering Sunday evening.

Mr. and Mrs. Irvin Olmstead of Eureka visited Mr. and Mrs. Herb Regan Thursday afternoon and evening.

Mr. and Mrs. Geo. Phillips and Margaret and Geo. A. Phillips visited Wm. Phillips Sunday.

Misses Lydia and Lela Towne were home Sunday.

Lucy Balcom visited Olive Curtis Sunday.

SUFT DRINKS AGAIN HIT BY NEW ORDER

After November 1st, 1918, the production of soft drinks including fruit juices, waters, concentrated extracts, syrups, and carbonic acid gases, will be curtailed on the basis of 50 per cent per annum based upon the production of the calendar year 1917. That is, no month's production shall exceed 50 per cent of the production of the corresponding month of the previous year.

Musical Topics

Edited by Mrs. K. L. Skahen

Frederick (Bedrich) Smetana is the father of the Bohemian (Czech) school of music. He was born in Leitomischl, Bohemia, on March 2, 1824. He studied with Prokash in Prague and for a short time with Liszt, becoming a very proficient pianist. He taught in Prague for a number of years until, in 1866, he was offered the post of director of the Philharmonic society at Gothenburg, Sweden, which he accepted. He remained there until the National theater was founded in Prague, when he returned to his own country to associate himself with a cause so keenly sympathetic to him.

In 1866 he was made first conductor at the Prague theater and in that post exercised a great influence over the younger musicians coming under his observation. Among them was Dvorak, who was a struggling member of the orchestra at the time, but destined to carry on his master's work for Czech music. The same year Smetana brought out "The Bartered Bride," a Bohemian folk opera. While it had a great success in Bohemia, it was many years before the world at large recognized it. It was first presented in this country at the Metropolitan opera house, under the late Gustav Mahler in 1910. The overture, however, was a favorite concert piece many years before.

Smetana produced three other Bohemian operas. His most important contribution to the literature of the orchestra are the six tone poems un-

der the general title, "My Fatherland," in which the composer gives his musical impressions of his native land. Of these "The Moldau" is the best known.

Among his compositions are also two string quartets, the one bearing the sub-title, "From My Life," in which he sought to present a sort of autobiography in music. In the final movement there is the persistent recurrence of a high note, which presumably is the tone he continued to hear as deafness came upon him. On account of this ailment he resigned his post as director of the National theater in 1874. His mind began to wander and he died insane May 12, 1884.

Smetana is justly regarded as the founder of the Bohemian school in as far as it gives expression to the national characteristics of his people. He was a great admirer and follower of the modern school as represented by Liszt, Wagner and Berlioz.

Smetana's name is pronounced with the accent on the first syllable.

MRS. K. L. SKAHEN

TEACHER OF
PIANO THEORY CHORUS
Studio 218 So. Bridge Street
Phone 212-R Belding

Such Women Just Have to "Give Up"

"Man may work from sun to sun, but woman's work is never done." That's why women are overworked, nervous, all run down, no appetite, and can "hardly drag around." Vinol creates a hearty appetite, strengthens the digestive organs, induces sound sleep, invigorates the nerves, and in this natural manner creates working strength.

Narragansett Pier, R.I.

"I was all run-down, back ached, and tired all the time. I kept house for my husband and four children and could hardly keep around. Finally I tried Vinol and it has restored my health and helped me wonderfully, so I recommend it to others who are in this condition." Mrs. Hannah Randall.

Jacksonville, Ill.

"I keep house for my little family, but got into a weak, nervous, run-down condition, tired all the time and no ambition. My doctor told me to try Vinol, and in a week I felt like a new person. I am now strong again, look after my baby, and do all my housework." Mrs. G. H. Lamson.

For all run-down, nervous, anemic conditions, weak women, overworked men, feeble old people and delicate children, there is no remedy like Vinol.

Vinol Creates Strength

H. J. Connell

Wortley & French

Farm House Bread

When you see a loaf of bread wrapped in one of our Farm House or other wrappers you know that it was made clean, baked clean and kept clean and that its quality is of the highest.

THE CITY BAKERY

Phone 177 L. E. Trimble, Prop. Belding

Think of Henry Smith Grand Rapids, Mich.

When you want flowers for any purpose

Largest and best equipped floral establishment in Western Michigan

Store on corner of Monroe and Division Ave.

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Citizens, 5173

Farm Phones—
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Real Estate News

120 acre Farm in Montcalm township, good gravel road, 90 acres under plow, 30 acres timber, 35 acres seeded, 15 acres rye, 9 room house, new round roof barn 34x70, two silos, hog house, poultry house, wood house and work shop. Fine orchard, entire farm well fenced, good well and windmill.

This farm will be sold at a bargain but must move at once; part cash, balance to suit.

200 acres 4 miles from Belding in Otisco township; 2 sets buildings, excellent soil, very reasonable price, terms if desired.

35 acres on Ionia road, near Wood's Corners; new house, small barn; owner will sell at a very low price.

10 acres, 3 miles from Belding; good buildings, 1 horse, 1 cow, chickens, feed, hay, corn, tools, etc.

7 room House corner Pine and May streets; excellent condition; bath room complete with instantaneous water heating system. Price greatly reduced.

7 room House, east side Pine street, all hardwood finish, electric lights, gas, sewer; fine condition.

See Us For Bargains in Farm and City Property.

W. E. LITTLE

MANAGER REAL ESTATE DEPARTMENT.

Phone 70 :-- Commercial Bank :-- Res. 301

Pere Marquette train time at Belding

Corrected June 24, 1918.

To Ionia and Detroit, 11:29 a. m.; To Greenville and Big Rapids, 6:49 a. m.; 5:40 p. m.
To Greenville and Saginaw, 7:56 a. m.; To Lowell and Grand Rapids, 10:15 a. m.; 8:22 p. m.; 8:08 p. m.
*Daily

Fresh Home-Made Bread With Real Butter

Sounds good, doesn't it?

Somewhat the very mention of fresh home-made bread bountifully spread with rich golden butter touches a tender chord.

It takes us back to childhood days, back to the old home on the farm, or in the village; back to the time when we tugged at dear old mother's apron strings and "teased her almost to death" for a slice of her wonderful bread and butter.

We never really forget those occasions and it recalls to our mind the superiority of good home-made bread over what is considered good Baker's bread.

This is particularly noticeable when

Lily White

"The Flour the Best Cooks Use"

is employed, as LILY WHITE is made particularly for home baking, and it produces splendid results for every requirement of home use.

It is necessary now, more than ever before, to use good flour, as 25% of the amount of flour is to be used in substitutes, or on the basis of four pounds of pure wheat flour, such as LILY WHITE FLOUR is, to one pound of substitutes.

Besides, it is mighty convenient to have a flour in the house from which thoroughly delicious biscuits, rolls and pastries, as well as the best of bread, can be made.

These results are made possible by the blending of various kinds of wheat which incorporates in the flour the desirable qualities of both the hard and soft wheats.

Also bear in mind that LILY WHITE FLOUR is sold under the guarantee to give perfect satisfaction.

Our Domestic Science Department furnishes recipes and canning charts upon request and will aid you to solve any other kitchen problems you may have from time to time. Public demonstrations also arranged. Address your letters to our Domestic Science Department.

VALLEY CITY MILLING COMPANY
Grand Rapids, Michigan